

DARANNEWS

21 FEBRUARY 2025

WEBSITE

DARANET



Swimming Carnival 2025

Upcoming events

24 - 26 February

Year 7 Camp for Cuthbert, Farrer, Goolagong and Lawson,

26 - 28 February

Year 7 Camp for Lyons, Merrick, O'Brien and Phillip
Year 9 Camp

27 - 28 February

Year 10 Immunisations

4 March

Moderation Day
No classes Years 7 - 10
Years 11 - 12 AST Trial

5 March

Ash Wednesday

6 March

Year 11 2024 Awards Ceremony

7 March

House Athletics Carnival

10 March

Canberra Day Public Holiday

12-20 March

NAPLAN Year 7 & 9

21 March

House Cross Country Carnival

From the Principal



**Dear Parents/
Carers, Staff and
Students,**

The 2025 school year, our Year of Hospitality, is well underway and we have certainly all hit the ground running with a number of whole-

school and year-level events already taking place.

It has been great to see the students back and settling well into school over the past three weeks. Along with our Year 7 students and new students in Years 8-12, we welcomed a number of staff who are new to the College this year. It was wonderful to be able to welcome each of them into our community when we gathered for the first formal occasion of the year at our Opening Assembly. Our Opening Assembly also enabled us to launch our Year of Hospitality with the theme "Pilgrims of Hope and Hospitality". Our

theme was chosen to reflect that we are also in a special year for the Catholic Church, a jubilee year, where Pope Francis has called us all to be "Pilgrims of Hope". At the assembly, I challenged our students and staff to reflect on how they could "transform our corner of the universe by being people who plant seeds of love, not fear"? Pope Francis has referred to Hospitality as a "beautiful word" that "makes us think of welcoming others, of being open to others, of being available to others. It is a word that speaks of generosity, of giving without expecting anything in return". EJ Cuskelly msc wrote, "Just as Jules Chevalier's mind and heart were open to all, his house was too. He exercised a generous hospitality". As members of an MSC school, we are called to be welcoming and to open our hearts and minds just as Fr Chevalier did all those years ago when he opened his home in Issoudun and established what would become the Missionaries of the Sacred Heart that we are part of today.

As I mentioned to the students at our assembly, each and every day I am

From the Principal

constantly in awe of the genuine acts of hospitality and welcoming that exist in our community. I would also like to thank all of the families who supported our second-hand uniform sale which took place prior to school returning, either through their generous donations of uniforms, or through their purchases. This one event raised over \$5600 for the College Scholarship Fund.

School Events

We have had several major events already this year including our House Swimming Carnival, which was held last Friday, despite the uncertainty of exactly what the weather would hold for us as the day progressed. The carnival was a wonderful showcase of both Daramalan and House spirit through the enthusiastic participation of students and staff alike. The rain certainly did not dampen the spirit or enthusiasm on the day. Congratulations to our House Captains for their efforts in their first major House event- the bar has certainly been set very high this year! Congratulations to Lawson House on winning the Spirit Plate and to Cuthbert House on securing the House Cup. I am sure that this will inspire some healthy competition in the lead up to the Athletics Carnival in Week 5.

On Tuesday 11 February, we were fortunate to have our College Chaplain **Fr Tru Nguyen MSC** celebrate our Opening Mass and Commissioning of our 2025 Student Leaders. We were also joined by **Fr Mick MacAndrews**, from the North Belconnen Parish, who concelebrated Mass with Fr Tru. We were joined by representatives from other ACT Catholic Secondary Colleges, the wider MSC community, including Principal of Chevalier College, **Mr Greg Miller**, Director of MSC Education, **Mr Chris**

McDermott, former College Principals, **Mr David Garratt** and **Ms Rita Daniels**, former staff, College Board Chair, **Mr Michael Munro-Mobbs**, and the parents of our Year 12 Leaders. It was a wonderful celebration to mark the liturgical start of our Year of Hospitality. At the end of our Mass, the 2025 Student Leaders were commissioned and received their badges which was very special for them. The 2025 Captains are:

School Captains – **Tayla Holt** and **Harrison Labouchardiere**

Portfolio Captains:

Arts and Culture – **Kayla Reimitz**

Community and Connection – **Ruby Gifford**

Environment – **Georgina Geary**

Mission – **Natalie Gordon**

Social Justice – **Sophie Neighbour**

Sport – **Jacob Eaton**

Year 7 Parent Welcome Event

Earlier this week we were joined by many of our Year 7 parents for the Year 7 Welcome Function, where we were able to showcase the outstanding new facilities of our Issoudun theatre, foyer and amphitheatre. It was wonderful for parents to be able to attend the College, meet other parents whose children share the same House and to be able to utilise the new spaces. I wish to thank publicly the many staff who contributed to the evening which, once again, was a great success. We are very fortunate to



Whole School Opening Assembly



Whole School Opening Assembly



Opening Mass



Father Tru at the Opening Mass and Commissioning of the 2025 Student Leaders

From the Principal

have an excellent team of people including our Hospitality Staff led by **Ms Janette Kline** and **Mr Dean Parkes**, our Hospitality students and the College Leaders who worked tirelessly to ensure that the evening went smoothly. Our thanks are also extended to **Ms Yvonne Turnbull** who managed all of the bookings and our events team for their work behind the scenes; members of the College Board, the P&F Committee, the Executive, our Director of Pastoral Care (Years 7-8), the Year 7 Pastoral Tutors and PCAs who attended. I wish to make special mention of our Hospitality students and Student Leaders who did an impressive job in helping to create and serve food and drinks on the evening. We received many very positive comments from parents about the quality and standard of the food and the service.

Year 11 Reflection Day

Our Year 11 students have been participating today in their Reflection Day, A Day of Hope, facilitated by **Mr Glen Gerreyn**. This day has provided them with an excellent opportunity to reflect on the beginning of their journey as Senior students. Feedback from students after these days is always extremely positive and they find Glen to be quite inspirational. I am sure that when the day concludes this afternoon, the feedback from students this year will be no different.

Year 7 and Year 9 Camps

Our Year 7 students will be travelling to the South Coast next week for their much-anticipated camp. The alternate programme here at school involves a wide variety of activities facilitated by key College staff. This programme will include sessions on digital readiness, learning skills, developing productive study habits, navigating the transition to High School, as well as team building and House competitions. The Year 7 students will also be the first to have a preview performance of the College production *Romeo and Juliet*. From Wednesday to Friday next week, our Year 9

students will be participating in their camp at Jindabyne. The programme focuses on team building and resilience activities, which align with the Year 9 Pastoral Programme based on the research of the Resilience Project.

I would like to thank and acknowledge all of the staff who will be attending the camps or facilitating the sessions here at the College throughout the week. It is an enormous ask to be away from their families and to be on call 24 hours a day to provide our students with these types of opportunities and activities.

Moderation Day

On **Tuesday 4 March** there are no classes for students in Years 7-10 so no student in Years 7-10 should come to school on Moderation Day. There are AST trials scheduled for students in Years 11 and 12 on that day and students will receive further information about the trials, including what times of the day they will be required to attend school, from **Ms Heike Craig** and through the AST tile on Daranet.

Staff who teach Year 11 and 12 courses will be undertaking the BSSS Moderation and Quality Assurance processes at various Colleges across the ACT. These days are extremely valuable for professional dialogue and networking opportunities for our teachers of senior classes.

Lent

On **Wednesday 5 March** we will mark the start of Lent with our Ash Wednesday Liturgy of the Word and the distribution of ashes in Pastoral Tutor time. The Liturgy will also incorporate the launch of Project Compassion and Caritas. This is our major fundraising focus during Lent. I would urge our families to support the activities and fundraising efforts that take place during Lent, especially our new 2025 initiative to replace the annual Coin Weigh Challenge. You can read more about how to support our Social Justice initiatives later in this edition of Daranews.



Year 7 Parent Welcome Function

From the Principal

House Athletics

Following the enormous success of our House Swimming Carnival in Week 2, our House Captains are now busily drumming up House spirit and participation for our House Athletics Carnival calendared for **Friday 7 March**. The Carnival will be held at Dickson oval, and as with other days on which we hold special events, students will be expected to be at the carnival for the whole day. There will be activities for students to assist with even if they are unable to compete or participate in events. I would also like to remind our students that as this is a College event, our Mobile Phone Policy will be enforced as it is at school on a normal school day.

P and F AGM

On **Wednesday 19 March**, the Parents and Friends will have their AGM. All parents are welcome to attend. The meeting starts at 6:30pm in the College Board Room which can be accessed from the front carpark near Reception.

There is an email address for P and F correspondence. It is pandf@daramalan.act.edu.au should you wish to contact the Committee with any matter.

Financial Assistance

Families who are experiencing changed financial circumstances are encouraged to contact the Deputy Principal Capacity and Strategy, **Mr James Keeley**, to make an appointment to discuss support that may be available to you. He can be contacted via email on james.keeley@daramalan.act.edu.au.

Parking and Road Safety around the College

To keep our students safe when making their way to and from school, please ensure you drive and park safely and legally around our school. The roads around the College are extremely busy at all times of the day and the safety of our students, staff and families are our priority. Unsafe and illegal parking can reduce visibility for our students and motorists, creating a significant hazard when students cross the road. Please remember not to park across pedestrian crossings, in no stopping zones, on corners, verges or double parking.

We also ask that people who are dropping off their students in the morning, and/or picking up students in the afternoon do not park on the nature strips of houses near the College or across driveway entrances. Already this year we have received complaints from our neighbours about damage done to grass and trees as well as access being blocked when they have attempted to exit their property. We wish to maintain positive relationships with our neighbours so we ask that you assist by respecting their space.

Leave Requests

I would like to remind families that should a student need to be away for 5 or more school days for reasons other than sickness, prior approval from the Principal must be sought in writing via a letter or an email. This includes where a student is absent due to their participation in representative sporting teams and competitions. The request needs to be submitted in sufficient time so that arrangements regarding missed schoolwork and assessment can be made. The preferred email address for such requests is principal@daramalan.act.edu.au.



From the Principal

Enrolments for 2026

Looking ahead to later in the term, our College Open Evening will be held on **Thursday 3 April** for prospective families looking to enrol their students for Year 7 and 11 in 2026. Details outlining the specific format and timing of the evening, including the Principal's address and other information, will be available on the College Website closer to the time.

Student Successes

Congratulations to:

Amelia Noja (Year 8) who has been selected as a member of the Australian Futsal squad who will be competing overseas later in the year.



Elijah Wilson (Year 12) who was named ACT Athletics Team Captain at the Australian All Schools Athletics Championships held in December. At the Championships he won Silver in the U18 Discus and finished with Gold in the U18 Shot Put.



Lily Steinman (Year 12) who will be travelling overseas to train and compete in three International Vaulting Competitions to gain selection for the Junior International Vaulting Competitions in Europe later this year.



Gabrielle Yeung (Year 11) who will be competing in a number of Junior International Tennis World Tour tournaments this term. In March Gabrielle will be competing in the J100 tournament here in Canberra before travelling to China and Japan at the end of the term to compete.



Andie McFarlane (Year 11) who will be travelling to Queensland next month to compete as a member of the ACT Squad at the Australian Youth Beach Volleyball Championships.



Dana Martin (Year 12) and **Emma Harkin** (Year 8) who recently competed at the National Mountain Bike Championships.



James Murphy (Year 7) who has been selected to be a Ballboy for the Raiders at the NRL opening round in Las Vegas.



Ruby Holden (Year 11) on being appointed as Section Leader with Australian Girls Choir. Ruby also travelled to Tamworth for the Country Music Festival earlier this year and was named in the top 20 performers out of 525 buskers at this year's festival. A wonderful result for her first festival.



Charlotte Seymour (Year 12) who has been offered a place at the Alberta Ballet School in Canada and is currently in the US visiting the San Francisco Ballet School, where it is likely that she will also receive an offer of a place.



All of the students who competed as members of the ACT squads at the recent NSW Touch Football Championships in Wagga Wagga.

All of the students who will have been competing as members of the ACT squads at the NSW OzTag Championships in Coffs Harbour this week.

Best Wishes

Rachel Davies
Principal



Thanking the Hospitality Students and the Student Leaders at the Year 7 Parent Welcome Function

School News

Student Absences

The College has updated our group email address for student absence notification and communication. Please use studentservices@daramalan.act.edu.au to advise the College of partial/full day absences or to collect students at a certain time.

We still encourage parents to use the preferred method of SMS replies or Dara App notifications to reply or advise us about absences, however, this email address will also be monitored by several staff to ensure we have a variety of methods to conveniently manage attendance and absences of our students.



Term 1 School Fees are now overdue.

If you have not yet paid and are not on a payment plan, please ensure payment is made by **Wednesday 26 February** to avoid incurring a late fee.

If you have already set up a payment plan, kindly review your bank account or credit card statements to confirm that payments are being deducted as scheduled.

If no deductions have been made, or if you would like to establish a payment plan, please contact us at fees@daramalan.act.edu.au to address any issues.

Thank you for your prompt attention to this matter.

PARENTS & FRIENDS ASSOCIATION

The next Parents & Friends (P&F) Meeting and the P&F AGM will be held **Wednesday 19 March** at 6:30pm in the College Boardroom near Reception. All parents are welcome to attend.

Parents/Carers who wish to attend are asked to register for the meeting via email to pandf@daramalan.act.edu.au by COB **Monday 17 March**. We look forward to seeing you there.

ACT Pre-Learner Licence Course - Semester 1, 2025

Registrations for the ACT Pre-Learner Licence Course road readiness program are now open.

Did you know that the ACT Government has a requirement that all ACT residents have to complete a Pre-Learner Licence Course to be eligible to obtain an ACT Driver's Licence?

If your child is within 6 months of turning 15 years and 9 months, and they want to get their ACT Learner Driver's Licence, now is the time for them to complete this compulsory pre-learner driver education program. Courses are available through the school for \$70, with up to 3 options for timing available. This is much more economical than the cost of completing the course through an external provider and with the familiar environment and trained educators on staff, we are able to offer the course in a supportive way for Daramalan students.

Bookings are only available via Qkr!. All courses will run from Week 6, Semester 1, with further information specific to each course option available on Qkr!. Please contact **Mr Steve Hackett** on 6163 6532 or steven.hackett@daramalan.act.edu.au if you have any queries.

The course will also be offered in Semester 2, should none of the advertised times work for you or if your child is not yet the minimum age.



Starting High School

Starting High School is an exciting but sometimes overwhelming experience for Year 7 students. The change from Primary to Secondary school brings new subjects, teachers, classmates and responsibilities. However, with the right mindset and strategies, students can settle in smoothly and make the most of their High School journey.

One of the biggest challenges is adjusting to a new routine. High School days are often longer, and students move between different classrooms for each subject. To stay organised, using a planner or calendar can help keep track of homework, assignments and important dates. Packing school bags the night before and following a set routine can also reduce stress in the morning.

Making new friends is another important part of settling in. While it's natural to feel nervous, being open to conversations and joining school clubs or activities can help students connect with others. It's important to be kind, respectful and inclusive to build strong friendships. If students feel lonely, speaking to a teacher or school counsellor can provide support.

Managing schoolwork is another key aspect of High School life. Staying focused in class, asking questions

and completing homework on time will make learning easier. If subjects become challenging, seeking help from teachers, peers or tutors can prevent falling behind.

Lastly, self-care is essential. Eating well, getting enough sleep and making time for relaxation and hobbies will help maintain a positive mindset. High School is a journey, and it's okay to take time to adjust. Overall, I have been very impressed with how the Year 7 students have settled into Daramalan and look forward to the exciting weeks ahead.

Mr Jonathan Hall
Director of Pastoral Care



Homework Club

Homework Club 2025

We are excited to launch Homework Club in 2025. As we move into the halfway point of Term 1, we are offering Homework Club every afternoon from 3:30pm to 4:30pm Monday to Friday in the Daramalan College Information Centre beginning Week 6.

It is known that homework reinforces classroom learning, allows for spaced practice of concepts and encourages independent learning, all of which are essential to improving academic achievement and study habits.

This is a fantastic opportunity for students to access extra support with their learning. Homework Club will be staffed with teachers who will be on hand to support and assist with assessments, homework and general study. We are encouraging students to embrace this opportunity to support their academic growth.



DARAMALAN COLLEGE HOMEWORK CLUB

3:30pm-4:30pm
Monday - Friday

INFORMATION CENTRE

Please take the opportunity to try, join or visit
Daramalan College's Homework Club
beginning in Week 6!!!!

Counsellors Hub

The Daramalan Counselling Team would like to welcome everyone back to the start of the school year. The Counsellors plan to visit a number of assemblies and PT's to introduce themselves and explain the counselling services to students. We would like to remind students and families that we have 4 Counsellors available to assist students with their wellbeing and mental health needs. You can complete a Referral Form here: [Daranel Counsellors page](#). Please note that students under the age of 14 require dual parental consent. There are also a number of external and crisis support services listed on the Daranel page. More information about the Counselling Services and the Counsellors can be found on the [Daramalan website](#). Finally, you may also email us here: Counsellor@daramalan.act.edu.au

The return to school is a significant transition and can present difficulties for a number of our students. The Daramalan community also has a number of special events and celebrations, which are important for building positive connections, but students can also feel overwhelmed or anxious around these events. We encourage students and/or families to reach out to their pastoral leader with any concerns as well as making a referral to our counselling services. You can find some specific tips in these two articles: <https://business.calm.com/resources/blog/9-tips-for-supporting-children-during-the-back-to-school-transition/> and <https://theresilienceproject.com.au/at-home/wellbeing-hub/coping-with-the-back-to-school-transition/>

To help you start a conversation with your young person about mental health, please read this excellent resource from Headspace. We would also encourage everyone to focus on some of the tips provided for a "Friendly February"– this handy calendar is a good starting point for easy and simple acts of care towards others.



Friendly February 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 Send a message to let someone know you're thinking of them	2 Ask a friend how they have been feeling recently
3 Do an act of kindness to make life easier for someone	4 Invite a friend over for a 'tea break' (in person or virtual)	5 Make time to have a friendly chat with a neighbour	6 Get back in touch with an old friend you've not seen for a while	7 Show an active interest by asking questions when talking to others	8 Share what you're feeling with someone you really trust	9 Thank someone and tell them how they made a difference for you	
10 Look for good in others, particularly when you feel frustrated with them	11 Send an encouraging note to someone who needs a boost	12 Focus on being kind rather than being right	13 Smile at the people you see and brighten their day	14 Tell a loved one or friend why they are special to you	15 Support a local business with a positive online review or friendly message	16 Check in on someone who may be struggling and offer to help	
17 Appreciate the good qualities of someone in your life	18 Respond kindly to everyone you talk to today, including yourself	19 Share something you find inspiring, helpful or amusing	20 Make a plan to connect with others and do something fun	21 Really listen to what people say, without judging them	22 Give sincere compliments to people you talk to today	23 Be gentle with someone who you feel inclined to criticise	
 24 Tell a loved one about the strengths that you see in them	25 Thank three people you feel grateful to and tell them why	26 Make uninterrupted time for your loved ones	27 Call a friend to catch up and really listen to them	28 Give positive comments to as many people as possible today			

ACTION FOR HAPPINESS Happier · Kinder · Together



the facts:
getting help



headspace
National Youth Mental Health Foundation

starting a conversation with a young person about mental health

Conversations about mental health are helpful

Family and friends play a vital role in identifying and supporting a young person who's experiencing the impacts of mental ill-health.

Let your young person know that you care about them no matter what they're going through. This is important and helps encourage young people to seek support early to manage the impact of mental ill-health.

Evidence has shown that having supportive loved ones involved in mental health care creates and improves longer lasting, positive outcomes for young people.

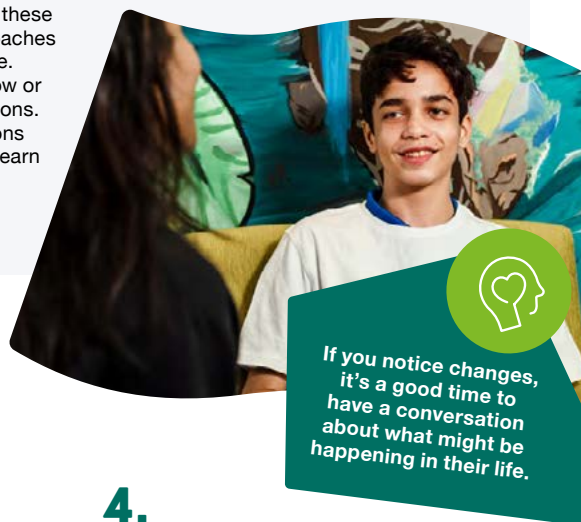
Conversations about mental health can be challenging

Talking to young people about mental health can feel hard, especially when you or your young person are uncomfortable talking about sensitive topics like mental health.

There is no 'right way' to have these conversations. Different approaches work better for different people. It's OK to feel unsure about how or when to start these conversations. No one gets these conversations perfect but taking the time to learn more is a great start.

How do I know if I need to have a conversation about mental ill-health?

Family members and friends can often tell when something isn't quite right. You might notice that a young person is acting differently, or there are changes to their behaviour.



If you notice changes, it's a good time to have a conversation about what might be happening in their life.

Tips for having the conversation

Having a conversation can feel overwhelming. Here are some tips for talking with your young person.

1. Check in with yourself

- Ensure that you're feeling calm and open to listening.
- Consider if it is the right time to have the conversation.
- Be aware of your body language and tone of voice.

2. Setting the scene

- Think about where.
- It can help to be side-by-side rather than looking directly at each other. Perhaps go for a drive, a walk, or somewhere your young person feels comfortable.

3. Be prepared to listen

- Listening to your young person is an important part of the process.
- Take their feelings seriously. Listen carefully, reflect back and don't judge (it can be more useful at times to say nothing than to offer solutions).
- Take a 'you and me vs the problem' approach. This lets them know you'll figure it out together.

4. Starting the conversation

- There are many ways to start the conversation. You could begin with general and open questions like: how is [e.g., school/sport] going?
- When focusing on more specific thoughts and feelings, 'I' statements are important: 'I feel like you/I've noticed you [haven't been yourself lately] – how are things?'

How you talk with your young person will depend on their age and understanding. The language you use should feel natural. If your young person talks about their mental health, reassure them that you're glad and relieved that they're talking to you, you're proud of them, and they're not alone in their journey.



To learn more about these tips visit the link via the QR code on the next page.

Dungeons and Dragons

The Daramalan Dungeons & Dragons Club has returned for our sixth year running.

The first club session of 2025 seemed eerily empty, despite the many returning friendly faces. Something felt off. 2024 saw the graduation of the last founding D&D Club students. Like all legendary heroes, their story came to an end. There was a piece of the club that seemed to be missing (and the Year 11s weren't going to let poor **Mr Hesterman** forget it). The atmosphere was sombre.

However, this would not last. Like a horde of goblins breaching the walls of a castle, a massive influx of new students has come to D&D Club. The brave defenders (returning staff and students) armed themselves with weapons and armour (dice and character sheets) to fend off the feral goblins (welcome the new students with open arms).

With new friends and allies, the Daramalan Dungeons & Dragons Club is set to be bigger than ever.

Dungeons & Dragons is a tabletop roleplaying game which involves collaborative storytelling, roleplaying and is

structured through a set of rules.

The Daramalan D&D Club is always welcome to new and returning participants. Come visit us if you have a love of fantasy, sci-fi, storytelling or would like to meet like-minded people.

The Dara D&D Club runs Tuesday and Thursday lunchtimes in Dempsey 1. We hope to see you there.



Year 7 students Annika Lewington, Ciara Colman and Tahlia Parkinson are all younger siblings of past or current D&D Club students.



A busy start to the new year

Social Justice

With the new school year comes a new Social Justice Captain to continue the good work carried out last year. **Sophie Neighbour** has been a dedicated member of the Social Justice group for several years and understands in great detail the impact her role has on our community, the extended community, and even globally. Along with her infectious energy, Sophie brings fresh ideas that will engage our school community and encourage all students to get involved in what is our Year of Hospitality.



In meeting with Sophie, she outlined her goals for this year and how she plans to achieve them. With a focus on participation and awareness, she aims not only to raise money for those in need but also to foster an environment where our members actively seek out opportunities to help, understand the significance of their actions, and reflect on why they are making a difference.

With a huge year ahead on the Social Justice calendar, there are many ways YOU can contribute.

Project Compassion: Jugs for Justice

In a change from the 'Coin Line' of old, Jugs for Justice focuses on raising much-needed funds for communities in need of fresh water and healthcare. In Week 8 of Term 1, we will be hosting a water challenge in which students will have to transfer water from one bin to another using small jugs. For every \$50 raised by a House, they will receive a water jug. This initiative highlights the impact that funding has on access to clean water in remote villages. To donate, a Qkr! section will be open for each House, and a tally will be advertised on our social media pages.

The Vinnies Winter Appeal

With commitment to our local community and in conjunction with our Vinnies Night Patrol volunteers, we will continue our Winter Appeal drive into 2025. This year we will advertise through Daranews and our social media pages the necessities most needed to support our community. With the cold weather approaching, donations of socks and warm jackets will be essential, but additional items such as dental care products and sleeping mats/sleeping bags will also be in high demand.

Do It For Dolly

In Term 2, we will focus on raising awareness about the impact of bullying. Do It For Dolly is a charity dedicated to promoting kindness and raising awareness about bullying, particularly among young people. It was established in memory of Amy "Dolly" Everett, a 14-year-old girl who tragically took her own life due to relentless bullying. The organisation, founded by her family, works to create safe and supportive environments by encouraging conversations about bullying, mental health and online safety. Their mission is to spread kindness,

respect, and the importance of standing up against bullying through education and community initiatives. We will be promoting positive messages through Daranews and educating students about bullying, its impacts, and fostering an environment that encourages open conversations.

Vinnies Sleepout – Term 3

A yearly favourite for many, the Vinnies Sleepout raises awareness and support for those experiencing homelessness in our community. This event is more than just a sleepout—it is a call to action for us to support those who need it most. It is an opportunity to live out our Catholic mission in a real-world application.

The World's Greatest Shave

In 2024, 20 students and one teacher parted ways with their luscious locks, raising over \$12,000 for cancer research. In 2025, we aim even higher. Our goal this year is not only to raise awareness about leukaemia but also to raise funds that will provide immediate and significant help to families facing incredibly difficult times. Leukaemia accounts for about one-quarter of all childhood cancers in Australia, with approximately 270 cases diagnosed annually in individuals aged 0–19 years. Let's dig deep, shave close, and make a change! To sign up for the World's Greatest Shave in Term 3, follow the link, start growing your hair, and begin fundraising:

[Join the Daramalan College team](#)


If you would like to be involved in any of these activities or join the Social Justice team, we have meetings every even Thursday in R5 at lunchtime. Alternatively, reach out to **Sophie Neighbour** or **Mr Ben McGee** via email.



Joining Team Daramalan College

(or rather just register as an individual)

This March, take part in the World's Greatest Shave and help make history. Every shave, cut, or colour brings us closer to a future where zero lives are lost to blood cancer by 2035. Sign up today and be part of something life-changing!



Personal Details

First Name *

Last Name *

Email Address *

Password *

Mobile * +61

Postcode * Year of Birth * -- choose option *

I consent to receiving communications in relation to my event participation with the Leukaemia Foundation

Yes No

I agree to the [Terms & Conditions](#) *

Outside Australia? [International sign up](#)

Science

Year 8 Microscopes

In Year 8, students embark on an exciting journey into the microscopic world, learning how to use microscopes to explore the unseen. The first step in their microscopic adventure is understanding the parts of the microscope and how to handle it properly. They learn to adjust the focus, change magnification levels, and prepare slides with precision. As they peer through the eyepiece, a whole new world comes into view, revealing the fascinating structures of cells, tiny organisms and intricate patterns.

But the learning doesn't stop there! Year 8 students also delve into the art of measurement while observing these specimens. They use the microscope's scale to measure the size of cells and other tiny objects, honing their skills in scientific observation and data recording. This practice helps them understand the importance of accuracy and attention to detail in scientific studies.

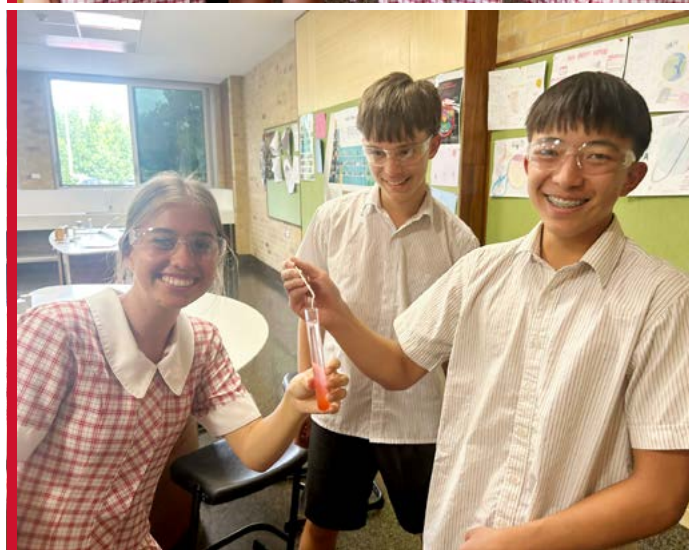
No doubt these activities will 'magnify' their interest in science!



Year 10 Biology – DNA

In Year 10, students dive into the fascinating world of genetics, where they learn about DNA, cell division and inheritance. This journey into the building blocks of life includes understanding how DNA carries genetic information and how cells divide through processes like mitosis and meiosis.

One of the highlights of their studies this term so far was an experiment where they extracted DNA from a strawberry. Students found this experiment 'berry' exciting!



Year 11 Insects and Classification

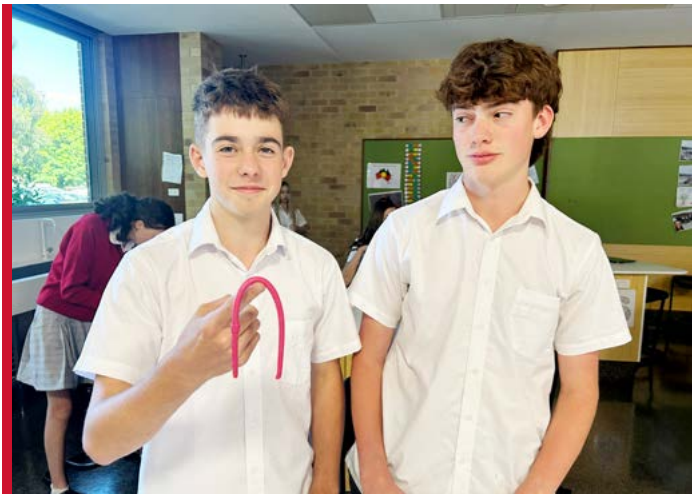
Year 11 Biology students recently ventured onto the school grounds for an exciting insect hunt. Armed with magnifying glasses and collection jars, they explored various habitats, searching for different types of insects. This lesson went very quickly – time does 'fly' when you're having fun!

In class, they studied taxonomy, learning how to classify organisms based on shared characteristics. One key concept they explored was body symmetry, which can help identify unknown organisms. By examining whether an animal has bilateral or radial symmetry, students could narrow down its classification.

Science Cont...

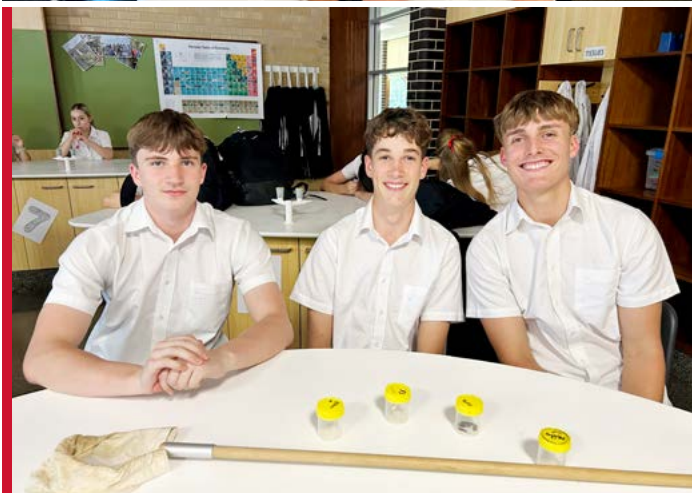
Year 12 Chemistry

Year 12 chemists are studying electrochemistry and how electricity can be obtained from chemical reactions.



Forensics Excursion

To celebrate the International Day of Women and Girls in Science, students **Emma Craft, Samantha Crispe, Laura Daly, Isabella Fairless** and **Molly O'Keefe** (Year 12) learned about Forensic Science careers with the Australian Federal Police (AFP). The students heard from scientists, technologists, medical doctors and operations staff about the jobs women do in the AFP. There was also a guided tour of the facility including a firing range and training laboratory. The students also worked with crime scene teams to dust and analyse fingerprints, compare handwriting samples and measure the trajectory of bullets from bullet holes.



Competitions

External Science competitions are a fantastic way for students to apply classroom knowledge to real-world problems, fostering critical thinking and problem-solving skills. Please tell your students to listen out for these in our daily notices to register their interest throughout the year.

Science Club

Exciting news! A new Science Club is starting up and will be held every Wednesday during lunchtime in D5. This club is the perfect place for students of all year levels who are passionate about science and eager to explore new concepts and experiments. Each week, we'll dive into different scientific topics, conduct fun experiments, and even work on cool projects together. Students can chat with **Mr Will Unwin** for more information.



Whether you're interested in Biology, Chemistry, Physics, or any other branch of science, there's something for everyone. So, bring your lunch and your curiosity, and join us for a fun time!

Performing Arts

ROMEO AND JULIET

Evoking the Memories of our Youth
 Daramalan Theatre Company takes an extraordinary leap of faith into the cultural psyche and the archetypal universe of dreams with its new theatre production of Romeo and Juliet. Shakespeare's highly dramatic play has been adapted with judicious cutting by Tony Allan to give it a streamlined treatment making it very accessible. The cast spent a full week in the December holidays at Burrill Pines on the South Coast developing characters and finding a greater depth in this classic play. The result will be a performance like no other.

Tickets are available from Humanitix at:
<https://events.humanitix.com/romeo-and-juliet-sqee8xcu>

In this year of Hospitality at Daramalan, we are offering light tapas and a fully functional bar pre-show and at interval. Bring along your friends. This is going to be much more than a "school" production!

Mr Joe Woodward
 Performing Arts Coordinator



Performing Arts

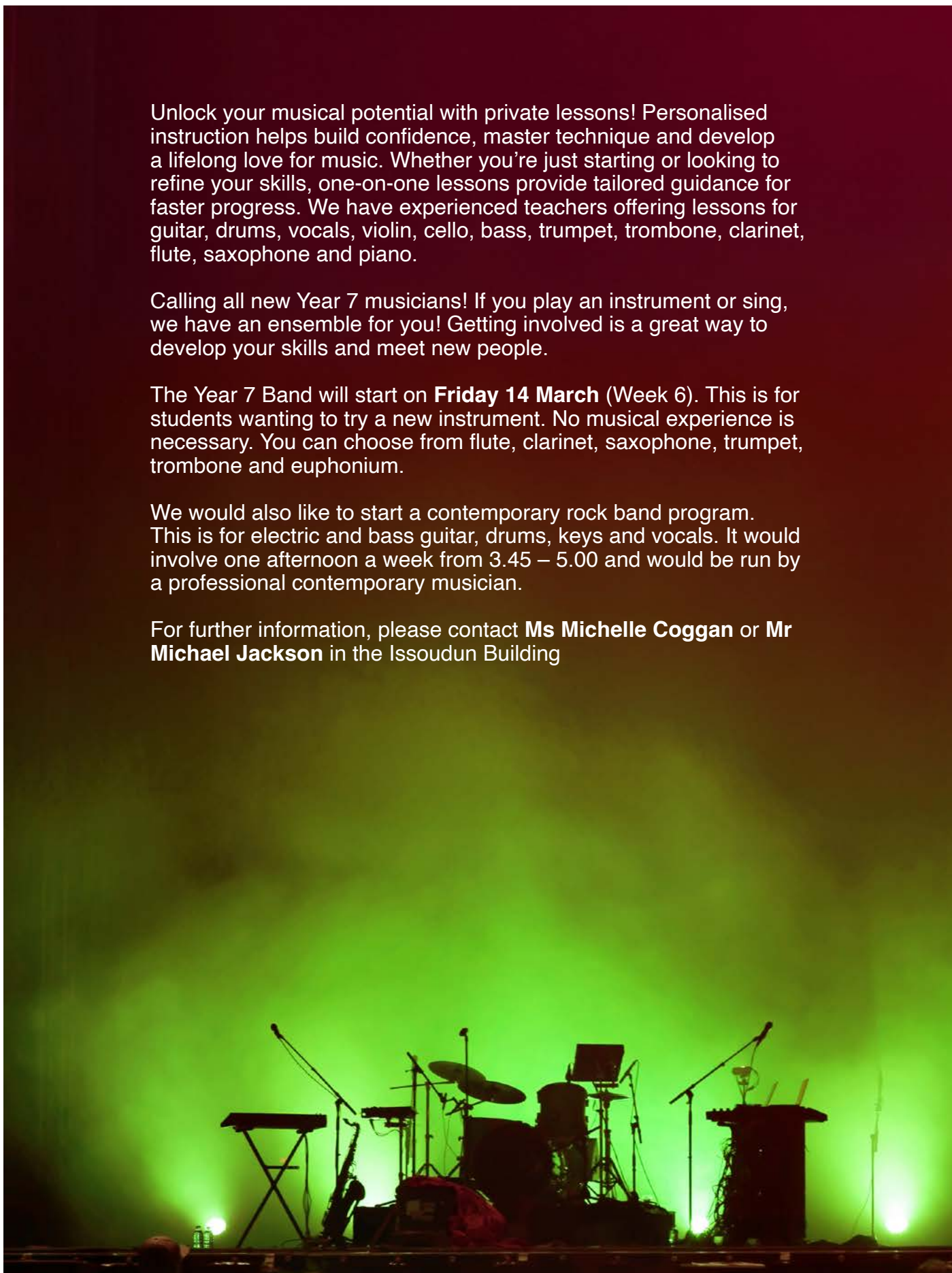
Unlock your musical potential with private lessons! Personalised instruction helps build confidence, master technique and develop a lifelong love for music. Whether you're just starting or looking to refine your skills, one-on-one lessons provide tailored guidance for faster progress. We have experienced teachers offering lessons for guitar, drums, vocals, violin, cello, bass, trumpet, trombone, clarinet, flute, saxophone and piano.

Calling all new Year 7 musicians! If you play an instrument or sing, we have an ensemble for you! Getting involved is a great way to develop your skills and meet new people.

The Year 7 Band will start on **Friday 14 March** (Week 6). This is for students wanting to try a new instrument. No musical experience is necessary. You can choose from flute, clarinet, saxophone, trumpet, trombone and euphonium.

We would also like to start a contemporary rock band program. This is for electric and bass guitar, drums, keys and vocals. It would involve one afternoon a week from 3.45 – 5.00 and would be run by a professional contemporary musician.

For further information, please contact **Ms Michelle Coggan** or **Mr Michael Jackson** in the Issoudun Building



2025 CANTEEN PRICE LIST



Recess Hot Food		Sweets	
Toasties	\$4.00	Muffins	\$4.00
Banana Bread	\$4.00	Chocolate Croissant	\$4.00
Hash Brown (2)	\$2.50	Cookie	\$3.00
Pizza	\$3.50	Slices	\$2.20
Sausage Roll	\$4.50	Chips	\$2.80
Spinach Ricotta Roll	\$4.50	Chocolates	\$2.80
Meat Pie	\$5.00	Mentos	\$2.80
Chicken Burger	\$6.50	Zappos	\$1.50
Beef Burger	\$6.50	Life savers	\$1.50
Egg and Bacon Roll	\$6.50	Ice Creams	
Recess Chilled Food		Icy Twist (G.F)	\$2.00
Sushi (G.F)	\$4.50	Paddle pop	\$2.50
Rice Paper Roll (G.F)	\$4.50	Calippo	\$3.00
Muesli cup	\$3.50	Cyclone	\$3.00
Fruit salad	\$3.50	Magnum	\$4.40
Cheese & Crackers	\$2.50	Drinks	
Yoghurt	\$2.50	Large Milk	\$4.00
Lunch Hot Food		Wild Juice	\$3.50
Sausage Roll	\$4.50	Aloe/coconut Water	\$3.50
Spinach Ricotta Roll	\$4.50	Up & Go	\$3.50
Meat Pie	\$5.00	Iced Tea	\$4.00
Chicken Burger	\$6.50	Juice Bomb	\$3.50
Beef Burger	\$6.50	Mineral Water	\$3.50
Large Special	\$6.50	Water	\$2.50
Small Special	\$4.50	Large Coffee	\$5.50
Lunch Chilled		Small Coffee	\$4.50
Sushi (G.F)	\$4.50		
Rice Paper Roll (G.F)	\$4.50		
Wraps	\$7.50		
Sandwich	\$5.00		
Greek Salad (G.F)	\$5.50		
Muesli cup	\$3.50		
Fruit salad	\$3.50		
Cheese & Crackers	\$2.50		
Yoghurt	\$2.50		

- To pre-order an item for lunch just ask at one of the registers.
- Daily Specials change daily,
- Please ask at the counter for today's specials or to place a pre-order.
- Please ask Canteen staff if you are unsure of dietary requirements.

Ash Wednesday is 5 March, there will be no meat products available in the canteen that day. All food items will be vegetarian.

Swimming Carnival

On Friday 14 February, the second Friday of the school year, Daramalan celebrated our annual 2025 Swimming Carnival. While the weather was against us, that didn't stop our House spirit shining through. It was amazing to see everyone dressed in their House colours and themed costumes at the Dickson Swimming Pool.

The Swimming Carnival is an opportunity for students to showcase their competitive swimming talents alongside having a great day with friends. For those not interested in competitive swimming, there are novelties such as the tennis ball scramble, beach flags and noodle race which are a lot of fun.

Congratulations to House Captains **Hayden Greenwood**, **Emily Rasmussen** and Cuthbert House for winning the House Cup, they excelled in the races. Congratulations as well to House Captains **George Covey**, **Tahlia Wullaert** and Lawson House for winning the Spirit Plate, their cheering was unmatched. Also, congratulations to all individual athletes who broke school records and achieved personal bests on the day.

Ultimately the 2025 Swimming Carnival was a huge success. A massive thank you to all teachers and students who made the day possible and enjoyable for everyone.

Jacob Eaton
Sports Captain



Basketball

USA Basketball Tour

In December, our school took 34 talented Basketball players on an awesome trip to the USA, travelling through San Francisco, Sacramento and Los Angeles. We had the opportunity to attend two super exciting NBA games, where we saw the Clippers take on the Jazz and the Golden State Warriors take on the Minnesota Timberwolves. We also cheered for UCLA at a college basketball game and watched the LA Chargers go against the Tampa Bay Buccaneers in an NFL game. And of course, we had a blast at Disneyland, California Adventure Park and Universal Studios. To top it all off, we hit up all the fast-food spots everyone had raved about, and they did not disappoint! It was such a fun trip filled with sports, adventure and tons of good food!

Eleni Majstorovic (Year 12)



Girls Varsity

To begin our tournament, we played El Dorado. Since this was our first game in the United States, we didn't know what to expect but went out there ready to compete and have fun! It was tough and definitely different to playing in Australia; however, we were able to come out with the win, a score of 35 - 42, which set spirits high for the next game!!!

The second game was a hard one, playing against the home team Placer College who we had spent the whole day with, touring their school. We lost; but it was still a competitive match and fun to compete against our new friends.

Our last game for this tournament was for 3rd place, against Lincoln Fighting Zebras. We started off slow, but began to fire up from the 3rd quarter, however it was too late to catch up, resulting in a loss.

After landing in LA, we played a game the following day at Mark Keppel High School against Harvard Westlake. They were an insanely talented group of girls. It was an amazing opportunity for us to compete against a team with such high skill. We did lose, 67-27, however we learnt a lot from the game.

Buena Park, was another very skilled team who were quite aggressive, forcing us to toughen up and play hard. 76-43 was the end score to Buena Park.

Our final game was an emotional game for our Year 12 girls as this was the last time we would play for Daramalan College. Knowing that it was our last game together as a

team, our main focus was to have fun, which was exactly what we did. NDA Regals did beat us; nonetheless we had a great time on court.

Ruby Di Petta (Year 12)



Boys Varsity

On our first day in Sacramento, the Daramalan Varsity team headed to Whitney High School where we were matched up against the home team/school, the Whitney Varsity team. It was a tough game facing a strong and competitive Whitney team, with us ultimately losing the battle. We ended the night with dinner at In-N-Out with our newfound friends. The following day the Daramalan Varsity team returned to Whitney High School where we were matched up against Manteca Buffalos. This game was close, tough, and back and forth with both teams trading points, with Manteca just pulling away for the win. For our last game in Sacramento, the team was matched up against the WSCA Wolves. This game had everyone on the edge of their seats with it being a close game the whole way. It was both a thrilling and challenging game with the team just losing.

For the first game in Los Angeles, the Varsity team faced the San Juan Hills Varsity team which was also the host school for the tournament. The game was both challenging, tough and physical with the team losing to the San Juan team. After the game the team went to dinner at In-N-Out with the San Juan Hills team where lifelong friends and memories were made. The team returned the following day to San Juan Hills High School where the team played Rancho Buena Vista. It was a close nail-biting game. The team played hard with us ultimately falling short of the win.

For the third game in LA, the team faced Iona College who were a fierce and competitive team. The team was unified and connected throughout the game coming together to defeat Iona College. For the Varsity team's final game in America, the team was matched up against Army Navy. It was a physical and competitive game coming down to the wire, with the team battling hard and the win just escaping our hands. The Basketball USA Tour was an experience of a lifetime with lifelong memories

Basketball Cont...

shared and new friends made along the way. It was an honour to be a part of the tour, and we will forever cherish the experience.

Lachlan Bell (Year 12)



Junior Varsity 1

Game 1. Daramalan JV1 played against Whitney JV. The boys had a tough first game while recovering from jet lag but played well as a team.

Game 2. Daramalan JV1 played against WSCA. We played much better adjusting to the different play style of America but sadly lost the game.



Game 3. Daramalan JV1 played against the JV2 Daramalan team. The boys tried hard this game winning in score for the majority of the game but sadly lost it in the end by only a few points. It was an amazing effort from the boys.

Game 4. Daramalan JV1 played against Newport in the first game of the western showcase. This match was an eye opener for the boys as we played against a highly ranked team in California. The boys tried their best and we managed to score 50 points as a team against them.

Game 5. Daramalan JV1 played against The Tigers. This match up was also very tough as this team was a great contender with Newport and they played very well against us. The boys did amazing work to keep playing at the super-fast pace and overall doing well against this team, sadly not beating them.

Game 6. Daramalan JV1 played against Western. This was a tight scoring game with Daramalan up at half time. Unfortunately, the boys were running low on energy and the other team kept putting their players on every couple of minutes giving them a set of fresh legs making it a challenge to keep up. Though the result was a loss, the boys should be very proud of how well we held our own against them.

Cameron Voysey (Year 12)

Junior Varsity 2

The teams we faced in America were extremely competitive, displaying an astonishing amount of discipline and intensity. While they weren't as physically strong as our Aussie teams, both the coaches and players made up for it with exceptional intelligence, precision, skill and teamwork. Their ability to execute plays with near-perfect timing and adapt quickly to different in-game situations was impressive. Every possession was played with focus and strategy, and their commitment to the game was clear in everything they did, from warm-ups to team chants. This competition proved challenging, JV2 having nearly half the number of players and minimal experience playing together resulted in a slow start. However, after a few games the team built some chemistry and started to hold their own, managing to secure a few wins in the process. Regardless of the competitiveness of the teams, the sportsmanship, friendliness and generosity of the American teams made for competitive yet fun-filled games and an incredible experience.

Aidan Bagley (Year 12)



Basketball Cont...

Eltham Tournament

In January 2025, we had two teams attend the Eltham/Dandenong Basketball tournament in Victoria. This is one of the largest Junior Basketball tournaments in the world with teams taking place from all around Australia.

Eltham U18.1

The U18.1 Dara boys headed to Melbourne mid-January for the Eltham Basketball Tournament. The competition attracts more than 1800 teams from across Australia, with Daramalan representing the only school-based team outside of Victoria. Competition was tough for the boys over the 4-day tournament, and they got off to a rough start losing to Doncaster. The boys bounced back with a win and a couple of close calls over the next few games. Unfortunately, the swishes, dribbles and slam dunks were not enough for the boys to make the Finals.

Although they didn't dribble away with a trophy, their teamwork, persistence and collaboration were on display throughout. Thanks to all the parents for supporting the boys in the stands and for the laughs, fun times and encouragement.

Niomi Ceely (Team Manager)



Eltham U18.2

Having only come together on the day of the first game, playing against some tough local opposition in Eltham, the team got off to a flying start and represented the school proudly. **Emmanuel Shirley** (Year 11) was running rings around the opposition in the backcourt with solid support from **Austin Sakul** (Year 11), **Ethan Gregory** (Year 11) and **Thomas Bogdanoski** (Year 9).

Knox Petrovic, Austin Steer and Thomas Foote (Year 10) did well inside the key against some big Victorian bred bodies, and with **Harry "sharp shooting" Hynd** (Year 11) they all played their part to ensure our score kept ticking over.

The team was well coached by **Rob Foote** who remained calm, composed and didn't let some questionable calls affect his decision-making.

While we failed to make the play-offs, the boys continued to improve and develop their game which will put them in a good position leading into their ACT season.

Robert Bogdanoski (Team Manager)



BACT Winter 2025 Season

Registrations are open for the 2025 Winter Season. Please use the link below to register or contact **Mr John Gale** for further information.

<https://www.playhq.com/basketball-act/register/a97cdd>

2025 Basketball TRIALS

MONDAY 3 MARCH

Under 14 Girls (born 2012,2013) 3:30-5:00pm
Under 16 Girls (born 2010,2011) 5:30-6:30pm
Under 19 Girls (born 2007,2008,2009) 7:00-8/8:30pm

WEDNESDAY 5 MARCH

Under 14 Boys (born 2012,2013) 3:30-5:30pm
Under 16 Boys (born 2010,2011) 6:00-7:30/8pm

THURSDAY 6 MARCH

Under 19 Boys (born 2007,2008,2009) 4:00-6/7pm

All sessions are held in the Daramalan College Sports Centre. Trials are compulsory in order to be placed in a team. If you cannot attend trials but would still like to play – please contact Mr Gale.

Please note: The U/16 and U/19 boys age groups are extremely large, we will separate these trials into two sessions on the day.



Rowing

I would like to thank the Daramalan Rowing family for their support and engagement throughout this season. We have had a few ups and downs but I am happy with the passion and drive the students have shown in the good but more importantly the tough times. We are coming towards the end of our season with two big events in our sight – Head of the Lake and Head of the River. Both these events will have the elite of the elite, and I want to take this time to wish our students and families all the best for these final few weeks of the season.



Daramalan Rowing - Seizing the Season

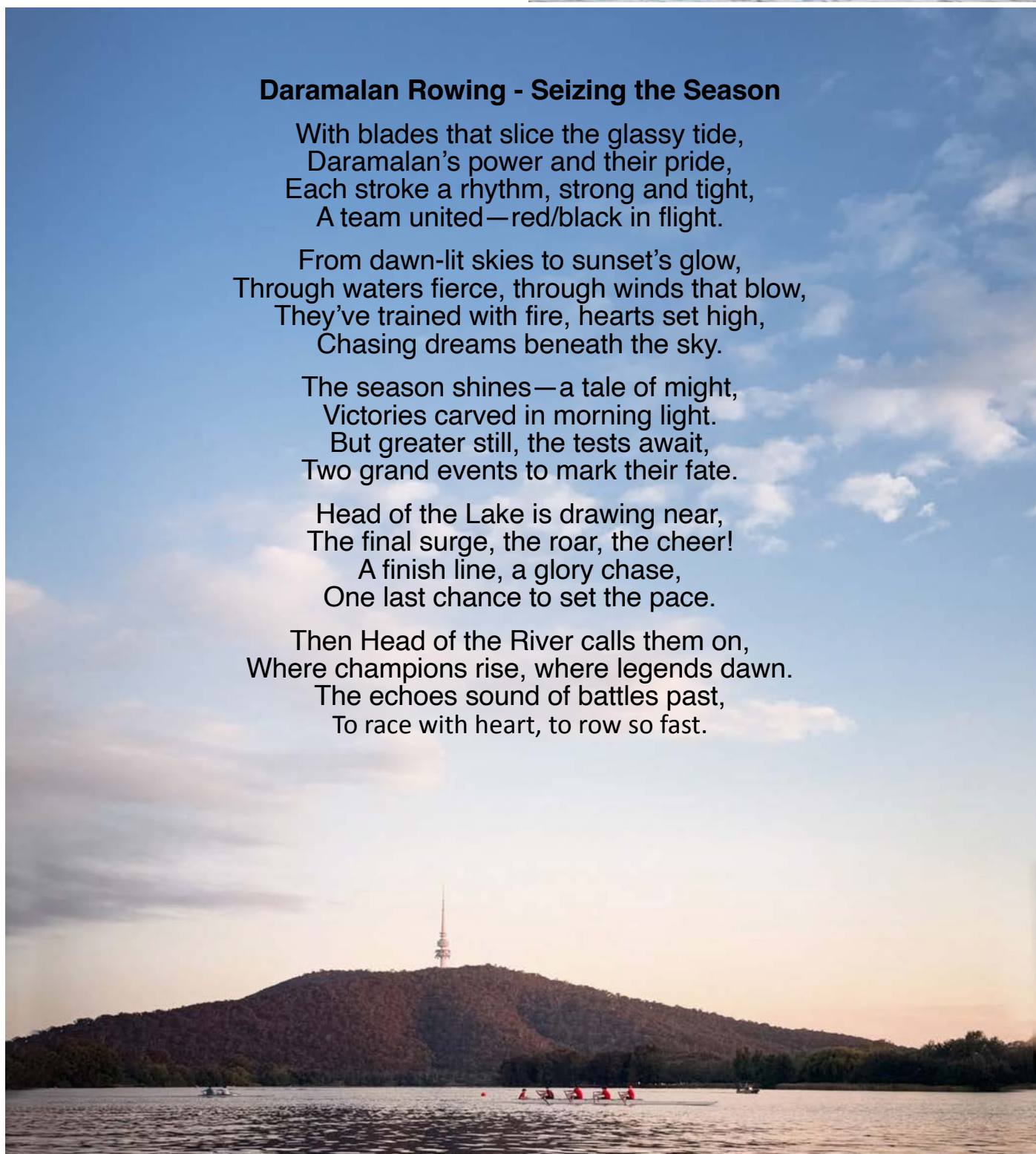
With blades that slice the glassy tide,
Daramalan's power and their pride,
Each stroke a rhythm, strong and tight,
A team united—red/black in flight.

From dawn-lit skies to sunset's glow,
Through waters fierce, through winds that blow,
They've trained with fire, hearts set high,
Chasing dreams beneath the sky.

The season shines—a tale of might,
Victories carved in morning light.
But greater still, the tests await,
Two grand events to mark their fate.

Head of the Lake is drawing near,
The final surge, the roar, the cheer!
A finish line, a glory chase,
One last chance to set the pace.

Then Head of the River calls them on,
Where champions rise, where legends dawn.
The echoes sound of battles past,
To race with heart, to row so fast.



Rugby

Coming off the back of a massive 2024 season, 2025 looks to be even bigger and better.

2025 has kicked off a tad early this year with the implementation of the Summer 7's program running in Weeks 2 to 6 of Term 1. Our junior sides have taken to training once a week in preparation for these games and easing into the 2025 season. Our senior teams and 16 Boys are back training twice a week as they prepare for upcoming trials and an exciting tour of Japan.

Daramalan Rugby focuses on three areas as the foundation of the club: Enjoyment, Skill Development and Growth. These are the base on which we shape our programs to support you as a player.

If you are thinking about playing Rugby this year, I have 8 reasons:

1. Physical fitness – Promotes overall good health and fitness.
2. Teamwork – Rugby is a team sport where you can develop strong friendships.
3. Discipline – Overcome challenges and develop resilience.
4. Skill development – Coordination and strategic skills.
5. Inclusiveness – Rugby is for all shapes, sizes and skill levels.
6. Respect – Develops a strong culture of respect towards referee, teammates and opposition.
7. Growth – On and off the field.

If Rugby sounds like something you want to give a go this year, please contact **Mr Ben McGee** at ben.mcgee@daramalan.act.edu.au or follow one of the links below for more information.

Coaching – We are still looking for a few coaches. If coaching junior sport is something you would like to investigate, please reach out to **Mr McGee**.

Facebook Link: [Daramalan Rugby Facebook](#)

Instagram Link: [Daramalan Rugby Instagram](#)

Rugby Registration: [2025 Rugby Registration Link](#)



St Augustines Trial Match 2024



2025



RUGBY PRE SEASON DATES

21 FEBRUARY	Round 2 - Summer 7's	29 MARCH	All Boys teams to Manly – St Augustine's + Girls 18 and 16's to Linfield to play Linfield Rugby Club Sydney
28 FEBRUARY	Round 3 - Summer 7's	6 APRIL	Vikings Gala Day
7 MARCH	Round 4 - Summer 7's	12 APRIL	Japan Tour Departs
14 MARCH	Round 5 - Summer 7's	12 APRIL	13/14/15 Boys Trial vs Vic Power House, Royals and Owls
15 MARCH	1st / 2nd Trial vs Barker College (Sydney)	3 MAY	Round 1 2025 Season
22 AND 23 MARCH	South Coast 7's (Under 14 Boys, 16 Boys, 16 Girls and 18 Girls)		



DARAMALAN CAREERS WEBSITE

Please contact Annette Brady on 6245 6394 or careers@daramalan.act.edu.au

Book an Appointment with the Careers Advisor

Students can now book a meeting time online through the [Daramalan Careers website](#). If parents or guardians would like to attend for appointments before or after school, please email careers@daramalan.act.edu.au

Work Experience

Students in Years 10 to 12 can undertake work experience placements with the approval of the College. Finding an employer is the responsibility of the student and there must be a meeting with **Ms Annette Brady** to discuss the timing, legal requirements and documentation. Students may only attend work experience for one week during the semester. The completed 4-Way Agreement must be received by the College at least 7 days prior to the placement commencing. Contact careers@daramalan.act.edu.au for more information.

Upcoming Events

Monday 3 March - ANU 2026 applications open for Year 12 students

Tuesday 18 March - Charles Sturt University Explore Day (for students in Years 11-12)

Thursday 27 March - Provide First Aid course (details have been emailed to all students)

Wednesday 2 April - RSA course (details have been emailed to students in Years 10 to 12)

TBC - White Card/Asbestos Awareness/Silica Exposure Prevention courses

ANU Direct Applications for Study in 2026

ANU direct applications open on **Monday 3 March** and close on **Thursday 15 May**. Direct applications are free and allow students to apply for admission, scholarships and accommodation in one application. Please contact **Ms Brady** in the Careers Hub if you have any questions or if you need any assistance with the process. Please note, those who intend on applying for the Tuckwell Scholarship should be aware of the different application deadline. [Click here for more information on applying to the ANU.](#)

Charles Sturt Advantage (Early Offer) Applications Now Open

Round 1 - Early bird applications close **Thursday 31 July** and offers will be made from **Monday 1 September**.

Round 2 - Applications close **Sunday 31 August** and offers will be made from **Friday 19 September**.

[Students Apply Here](#)

Virtual Information session to help students understand how early offers work and get tips on writing their application- **Tuesday 6 May**, 5:30pm - [Register here](#)

UAC 2026 Applications

UAC applications for 2026 university entry will open on **Wednesday 2 April**. Students will receive their UAC PIN via email on this day. Students will need to keep this number in a safe place as they will need it to apply through UAC. Not all course offerings will be listed on Wednesday 2 April, so students can apply with one preference and update their choices as more courses become available. All courses will be available for selection by mid-August.

Work Experience at the Canberra Theatre Centre 2025

Applications for the 2025 Creative Immersion Work Experience Program at the Canberra Theatre Centre are now open. Please [CLICK HERE](#) to find the updated information you will need to apply, as well as a link to the JOTFORM application.

CIT Beauty Therapy Department - Taster Programs for College Students

CIT are offering two taster programs for students in Years 11



On Tuesday 18 February, a group of Year 12 students were given the opportunity to travel to Wollongong for the University of Wollongong Discovery Day. Students were able to explore the campus and attend information sessions and mini lectures on their areas of interest. It was a great opportunity for students to experience and explore university life.

Careers News Cont...

and 12 – Introduction to Lash and Brow and Introduction to Makeup. Please see the attached flyers for more information and to apply. They are a perfect opportunity for those interested in a pathway into Beauty Therapy. There will be an information/enrolment session on **Monday 24 February** at 4pm, which we encourage all interested students to attend. If a student is under the age of 17 there is an additional process they need to complete for enrolment. Anyone over 17 will be able to enrol directly via our website or at any CIT Campus.

ANU Programs for Indigenous Year 11 and 12 Students

ANU are seeking expressions of interest from Indigenous Years 11 and 12 students who have a passion or focus on Astronomy or Engineering and are looking to attend university. Every year the ANU's Tjabal Indigenous Higher Learning Centre manages an on-campus Autumn School to give students a taste of what is involved when studying for an Engineering or Astronomy degree. Contact **Ms Brady** for more details.

Australian Defence Force Celebrates International Women's Day

ADF Careers invites Years 11 and 12 female students to the annual IWD leadership Morning Tea. The Australian Defence Force (ADF) offers unique employment opportunities for high-performing young women eager to challenge themselves, make quick decisions and inspire those around them. Students will discover the rewards of working in the ADF and the variety of roles they may thrive in. On the day, enjoy light catering, hear from guest speakers and have your questions answered.

When: 10:00am - 12:00pm, **Thursday 6 March.**

Where: ADF Careers Centre Canberra, Level 2, 64 Northbourne Avenue, Canberra ACT 2601 (Entry via Bunda Street).

Details have been emailed to students in Years 11 and 12.

Conflict Management and Customer Service Masterclass

This Masterclass, hosted by The Australian School of Entrepreneurship, will cover key strategies for managing customer interactions effectively, handling conflicts with confidence and building long-term customer relationships. It's a fantastic way for students to gain hands-on experience and develop skills that will serve them well in their future careers.

Thanks to the generous support of CBRIN (Canberra Innovation Network), we are pleased to offer this workshop free of charge.

The details of the masterclass are as follows:

Date: **Tuesday 25 February**

Time: 4:30pm - 7:45pm AEDT

Location: CBRIN (5/1 Moore St, Canberra ACT 2601)

For further details and to register, please visit [Conflict Management and Customer Service Masterclass](#)

Fast Track 2025

Applications for the 2025 program are open for a period of six weeks, closing on **Tuesday 11 March**. If you know someone who is passionate about horses, this could be the start of an exciting new career for them. Successful candidates will commence a full-time traineeship with a reputable stud farm while studying for a Certificate III in Horse Breeding - a nationally recognised formal qualification. To complement the on-the-job learning, students will attend two intensive learning blocks in Scone,

NSW (six weeks in total), where they will experience a mix of practical training and classroom theory, as well as take part in a variety of field trips and personal development workshops. [Find more information here.](#)

MedEntry

Students interested in pursuing Medicine and Dentistry need to sit the UCAT test in July/August 2025. MedEntry is a government-accredited Registered Training Organisation specialising in UCAT preparation. For more information, please visit <https://www.medentry.edu.au/>

Free UCAT Bootcamp

For parents and aspiring Medical students. Dr Ray, Gastroenterologist at Monash Health offers a UCAT mini test, discusses medical interviews, admission process, life as a medical student and career as a Doctor. Watch this two-hour Bootcamp from the comfort, convenience and security of your home at any time. <https://www.medentry.edu.au/resources/free-resources#free-bootcamp>.

News from Work Study Grow

[Experience university with Oxford Royale Summer School](#)
Oxford Royale offers Summer School programmes that challenge, inspire and connect students with a truly global network of peers.

[How to include participation in a competition on your resume](#)

Competitions can be a great way to show off your skills and interests. Learn how to include participation in a competition on your resume.

[5 reasons to apply for scholarships](#)

Thinking about your post-school pathways? Here's 5 reasons to apply for scholarships - there are lots of benefits to consider.

[Planning for a future in medicine](#)

Planning to enter the competitive world of medicine? We have some ideas on what you'll need to consider and tips on how to get ahead.

[Understanding rites of passage: A guide for students and parents](#)

From solo travel to major physical challenges, discover how traditional rites of passage can be adapted for modern teenagers to build confidence, independence and life skills.

Free Money

Explore ways to fund your life and study plans:

[HMChO – Chemistry Olympiad for High Schoolers](#)

HMChO is a free olympiad-style Chemistry competition organized and written by Harvard and MIT students.

[Spaghetti Bridge Competition Queensland](#)

The competition is a fun and challenging opportunity for students to test their engineering skills and experience the planning, creativity, problem-solving and teamwork required for a career in Engineering.

[What Matters? Competition](#)

Inspired by Gough Whitlam's commitment to involving young people in shaping Australia's future, the *What Matters?* writing competition is open to school students in Years 5 to 12 from Australia.

[Australian Computational and Linguistics Olympiad](#) The Australian Computational and Linguistics Olympiad (OzCLO) is a volunteer-run contest about language for secondary school students (Years 7-12).



Introduction to Make-up: A Taster Program

This six week Introduction to design and apply make-up course is the perfect opportunity for high school students interested in the beauty industry to explore essential skills in make-up application and customer interactions. This program offers hands-on experience and a strong theoretical foundation, designed to prepare students for entry-level roles in a salon or to pursue further education in beauty therapy.

- **Design and apply make-up:** Master the techniques for applying make-up for various occasions, tailored to meet clients' individual needs. A professional make-up brush kit will be provided to you as part of this course.

In addition to these specialised skills, students will cover key foundational topics, including:

- **Customer service skills:** Understand how to create a welcoming and professional environment for clients.
- **Preparing clients for services:** Gain knowledge on how to prepare clients for make-up and beauty services, ensuring comfort and quality.

This taster program offers a comprehensive introduction to beauty therapy, allowing students to explore a potential career path in the beauty industry. Join us and take the first step towards a rewarding future.



Location:

CIT Reid, C Block



Delivery mode:

Face-to-face

Duration:

Classes will run on Wednesdays for 6 weeks.
Week 5 – Week 10 (5 March – 9 April) of semester 1, 2025.
9:30am – 3pm

How to apply:

Students from years 11 - 12 will be selected to participate in this taster program by way of expression of interest (EOI). This program will commence once minimum enrolment numbers are met.

Please follow the QR code link at the bottom to apply for this course.

Please title your email: **EOI – Introduction to Make-up**

Please also include your full legal name, age and college name along with a paragraph expressing your interest in this course.

After submitting your expression of interest you will be contacted and invited to attend an information and enrolment session, which will be held at 4pm on **Monday 24 February** at CIT Reid, C Block.

Units of competency

National ID	Unit of competency	Costs
SHBBMUP009	Design and apply make-up	\$250.00
Total per student		\$250.00



For more information:

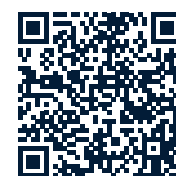
cit.edu.au

infoline@cit.edu.au

(02) 6207 3188

Prices are only valid for this taster program
for semester 1, 2025

To register your interest in the
program, please apply here:





Introduction to Lash and Brow: A Taster Program

This eight week Introduction to Lash and Brow course is the perfect opportunity for high school students interested in the beauty industry to explore essential skills to provide lash and brow services that include shaping and colouring and customer interactions. This program offers hands-on experience and a strong theoretical foundation, designed to prepare students for entry-level roles in a salon or to pursue further education in beauty therapy.

- **Lash and Brow Application:** Learn the techniques for applying and enhancing lashes and brows to meet client needs.

In addition to these specialised skills, students will cover key foundational topics, including:

- **Customer service skills:** Understand how to create a welcoming and professional environment for clients.
- **Preparing clients for services:** Gain knowledge on how to prepare clients for make-up and beauty services, ensuring comfort and quality.

This taster program offers a comprehensive introduction to beauty therapy, allowing students to explore a potential career path in the beauty industry. Join us and take the first step towards a rewarding future.



Location:

CIT Reid, C Block



Delivery mode:

Face-to-face

Duration:

Classes will run on Wednesdays for 8 weeks.
Week 5 – Week 12 (5 March – 7 May) of semester 1, 2025. * no classes during school holidays
9:30am – 3pm

How to apply:

Students from years 11 - 12 will be selected to participate in this taster program by way of expression of interest (EOI). This program will commence once minimum enrolment numbers are met.

Please follow the QR code link at the bottom to apply for this course.

Please title your email: **EOI – Introduction to Lash and Brow**

Please also include your full legal name, age and college name along with a paragraph expressing your interest in this course.

After submitting your expression of interest you will be contacted and invited to attend an information and enrolment session, which will be held at 4pm on **Monday 24 February** at CIT Reid, C Block.

Units of competency

National ID	Unit of competency	Costs
SHBBFAS004	Provide lash and brow services	\$120.00
Total per student		\$120.00



For more information:

cit.edu.au

infoline@cit.edu.au

(02) 6207 3188

Prices are only valid for this taster program
for semester 1, 2025

To register your interest in the
program, please apply here:



Alumni



Eagle People Book Club



Join the Daramalan Alumni community!

The Daramalan Alumni community has more than 60 years of history and with thousands of graduates, you will become a member of a very big family.

We reunite our past students through Year Group reunions, share news to keep our members updated on school life, and run a [Facebook](#) and [Instagram](#) page to help stay connected.

This year we have many exciting plans that we hope Daramalan graduates will find rewarding and enjoyable, including a Book Club, Mother's Day celebration, Year Group Reunions and much more.

To join, please sign up or update your details on the Daramalan Alumni website.

<https://alumni.daramalan.com.au>

We are very enthusiastic, but we can't do this without you! If you have amazing ideas, want to come up with cool initiatives or have thoughts on a subject to share with us, then please contact us on alumni@daramalan.act.edu.au

Ms Arina Yakovtseva
Alumni and Community Officer



Most of us enjoyed a lovely break, but the Pacific Maintenance crew worked exceptionally hard over the holidays to remodel the Sharpe Wing, install air conditioning, and rebuild the dance studios in time for the first day of term.

With nearly everyone on the team being a former student, we can certainly expect their best efforts!

A big thank you to **Mark Reid (1987), Lachlan Carey (2018), Sam Hyland (2017), Nathan Kelley (2017), Brad Hyland (2019), Ethan O'Byrne (2017), Michael Carey (1990), Justin Hyland (1987), Dylan Ashlin (2014), Lachlan Tindale (2019), Stirling Doyle (2017), Daisy Goodwin (current), Cody Grace (2022), Matt Clifton (2017), Paul McCaskill (1981)** and the Pacific Maintenance Team for their outstanding work!

COMMUNITY BUSINESS DIRECTORY

The College invites members of the Daramalan family to use this Business Directory to locate businesses and services provided by the Daramalan College Community, including former students, Alumni, former staff and other supporters.

If you are in business, and would like to advertise in our Directory, please contact arina.yakovtseva@daramalan.act.edu.au or phone 6163 6523 for more information. Your small fee will go a long way to supporting our Scholarship Fund and your business will be promoted to the wider Daramalan College Community.

This week we are delighted to present the following businesses. [To search all advertisers, please use this link.](#)

Thank you for supporting our community!



Live Better Nutrition – The Trusted Dietitians

Our team of experienced dietitians work across eight locations in the Canberra region and offer telehealth and in-home care. We have extensive experience with gut health, coeliac disease, fertility nutrition, aged care nutrition, eating disorder management and chronic disease management.

T: 0417 493 498

E: enquiries@livebetternutrition.com.au

W: www.livebetternutrition.com.au

C: Jeanette Ryan

F: [Facebook](#)

I: [Instagram](#)



Pinacle Driving School

“Start a lifetime of safe driving with Pinnacle”

PO Box 223, Hall ACT 2618

T: (02) 6242 8687

E: info@pinnacledrivingschool.com.au

W: www.Pinnacledrivingschool.com.au

C: Lisa Murphy

F: [Facebook](#)

RED SHED

Red Shed

Red Shed is a state-of-the-art rowing facility supporting rowing for all, inspiring wellness and fostering community. The facility offers a variety of programs including learn to row, continue to row and return to row programs, catering for all on their rowing journey. Rowing programs, access to the wellness hub, gym and function opportunities are available year-round.

A. John Cardiff Close, Acton ACT 2601

T: 0447137111

E: info@redshed.org.au

W: www.redshed.org.au

C: Sonja Balic

F: [Facebook](#)

I: [Instagram](#)

COMMUNITY BUSINESS DIRECTORY CONT...

AllClass Carpet & Upholstery Care	Peter Nassar	www.allclasscarpetcare.com.au
All IT Solution	Anthony Cataldo	www.allit.au
CBR Recruitment	Adam Kowalski	www.cbrrecruitment.com.au
Cedar Husk	Nathan Rochford	www.facebook.com/huskbakery
Corver and Co Chartered Accountants	Trevor Corver	www.corverandco.com.au
Element Building Projects	Dennis and Aldona Stravopodis	www.elementbuildingprojects.com.au
Griffin Legal	Claire Carton	www.griffinlegal.com.au
Holly Komorowski – home.byholly	Holly Komorowski	www.homebyholly.com.au
Kevin's Auto Repairs	Liesl Hussey	Phone: 6280 6994
Live Better Nutrition	Jeanette Ryan	www.livebetternutrition.com.au
Orthodontics Canberra	Vicki Boyd	www.ortho.net.au
Pacific Facilities Maintenance	Justin Hyland	www.pacificfm.com.au
Pinnacle Driving School	Lisa Murphy	www.Pinnacledrivingschool.com.au
Q1 Dental Care	Dr Susan Leonera-Salazar	www.q1dentalcare.com.au
Ray White	Georgie Parry	www.raywhitecanberra.com.au/
Ray White Rural Canberra-Yass	Simon or George Southwell	www.raywhiteruralyasscanberra.com.au
Sentinel Security & Technology Group	Ellena	www.sstg.com.au
Snowdrop Social Media	Genevieve Montefiore Gardner	www.snowdropsocialmedia.com.au
The Athlete's Foot	Ashleigh Hogan	www.theathletesfoot.com.au